

Drop It Like It's Hot - MT

LR Productions @ MetraPark

January 20, 2024 - January 21, 2024

Session 1: Silver Group 1

Saturday, Jan 20, 2024

Clubs: Badlands Gymnastics Club, Eagle Rock Gymnastics Academy, Golden Triangle Gymnastics Club, Lone Mountain Gymnastics, Northern Pacific Gymnastics, Rapid City Gymnastics Academy, Tongue River Twisters

61 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 10:30 AM

Session 2: Silver Group 2

Clubs: Casper Gymnastics Center, Eastern Montana Gymnastics, Great Falls Gymnastics Academy, Gymagic Gymnastics, Madison Gymnastics Center, Magic City Gymnastics, Park Elite Sports, Rock N Chalk Gymnastics, Sidney Gymnastics Club

65 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 10:50 AM

March In: 11:10 AM

Awards: 1:15 PM

Session 3: Bronze and Level 2

Clubs: Badlands Gymnastics Club, Casper Gymnastics Center, Eagle Rock Gymnastics Academy, Gillette Elite Gymnastics, Great Falls Gymnastics Academy, Gymagic Gymnastics, Lone Mountain Gymnastics, Magic City Gymnastics, Northern Hills Gymnastics Academy, Sidney Gymnastics Club, Tongue River Twisters, Valor Gymnastics

80 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 1:35 PM

March In: 1:55 PM

Awards: 4:15 PM

Session 4: Level 3

Clubs: Casper Gymnastics Center, Gillette Elite Gymnastics, Gym406, Magic City Gymnastics, Rapid City Gymnastics Academy, Valor Gymnastics

46 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 4:35 PM

March In: 4:55 PM

Awards: 6:50 PM

Session 5: Gold Group 1

Clubs: Badlands Gymnastics Club, Eastern Montana Gymnastics, Great Falls Gymnastics Academy, Gym406, Lone Mountain Gymnastics, Madison Gymnastics Center, Northern Hills Gymnastics Academy, Rock N Chalk Gymnastics, Tongue River Twisters

56 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 7:10 PM

March In: 7:30 PM

Awards: 9:25 PM

Session 6: Gold Group 2 and Level 5

Sunday, Jan 21, 2024

Clubs: Casper Gymnastics Center, Eagle Rock Gymnastics Academy, Gillette Elite Gymnastics, Golden Triangle Gymnastics Club, Gymagic Gymnastics, Madison Gymnastics Center, Magic City Gymnastics, Northern Pacific Gymnastics, Park Elite Sports, Rapid City Gymnastics Academy, Sidney Gymnastics Club, Valor Gymnastics

63 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:30 AM

March In: 8:50 AM

Awards: 11:00 AM

Session 7: Platinum and Diamond

Clubs: Badlands Gymnastics Club, Casper Gymnastics Center, Eagle Rock Gymnastics Academy, Great Falls Gymnastics Academy, Gym406, Gymagic Gymnastics, Lone Mountain Gymnastics, Madison Gymnastics Center, Magic City Gymnastics, Northern Hills Gymnastics Academy, Northern Pacific Gymnastics, Rock N Chalk Gymnastics, Tongue River Twisters

47 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 11:20 AM

March In: 11:40 AM

Awards: 2:15 PM

Session 8: Level 4

Clubs: Gillette Elite Gymnastics, Golden Triangle Gymnastics Club, Gym406, Gymagic Gymnastics, Madison Gymnastics Center, Magic City Gymnastics, Rapid City Gymnastics Academy, Summit Gymnastics, Valor Gymnastics

50 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 2:35 PM

March In: 2:55 PM

Awards: 5:10 PM

Session 9: Levels 6,7,8,9,10

Clubs: Gillette Elite Gymnastics, Golden Triangle Gymnastics Club, Great Falls Gymnastics Academy, Gym406, Gymagic Gymnastics, Madison Gymnastics Center, Magic City Gymnastics, Northern Hills Gymnastics Academy, Summit Gymnastics, Valor Gymnastics

65 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 5:30 PM

March In: 5:50 PM

Awards: 8:50 PM